

## LA RUTINA DIARIA & LOS VERBOS REFLEXIVOS

### WHAT IS A REFLEXIVE VERB?

Reflexive verbs are verbs that \_\_\_\_\_.  
The person \_\_\_\_\_ the action also \_\_\_\_\_ the action.

### HOW DO YOU KNOW WHEN THE VERB IS REFLEXIVE?

When the letters \_\_\_\_\_ are attached to the end of a verb, it means that it is reflexive.

You've actually used reflexive verbs before... even from the first day of Spanish class. Each time you answer the question, **¿Como te llamas?** (*What is your name?*) and responded with **Me llamo** (*My name is...*) you were actually using the reflexive verb \_\_\_\_\_.

### WHAT IS SPECIAL ABOUT REFLEXIVE VERBS?

In Spanish, these verbs need an extra part that comes \_\_\_\_\_ the conjugated verb.  
This is called the \_\_\_\_\_.

In other words, in Spanish, when you talk about an action being performed on yourself or someone else, you use a reflexive \_\_\_\_\_ and a reflexive \_\_\_\_\_.

### CONFUSED?! THAT'S OKAY.... HERE IS ANOTHER WAY TO THINK ABOUT IT...

In English we say: "I wake up. I get out of bed and go to the bathroom. In the bathroom I wash my face..." THINK about it – **Who does the action? Who receives the action?**

In English we COULD say: "I wake \_\_\_\_\_ up. I get \_\_\_\_\_ out of bed and go to the bathroom.

**But we don't! WHY NOT, MINOT?** Because it's implied that when you say: "I wash my face" you're doing it to yourself. But in SPANISH, we need to specify **who** you are doing the action to.

### READ THE FOLLOWING SENTENCES. WHAT DO YOU NOTICE ABOUT WHAT COMES BEFORE THE CONJUGATED VERB?

**Ducharse:** Yo me ducho.

**Levantarse:** Nosotros nos levantamos

**Relajarse:** Tú te relajas.

**Acostarse:** Él se acuesta. Ella se acuesta.

**Maquillarse:** Las chicas se maquillan.

### BASED ON THE SENTENCES ABOVE, FILL OUT THE FOLLOWING CHART:

<b>WHAT SUBJECT PRONOUN DO YOU USE WHEN "I" DO AN ACTION TO/FOR MYSELF?</b>	
WHEN "YOU" DO AN ACTION TO/FOR YOURSELF	
WHEN "HE OR SHE" DOES AN ACTION FOR HIM OR HERSELF	
WHEN "WE" DO AN ACTION TO/FOR OURSELVES:	
WHEN "THEY" DO AN ACTION TO/FOR THEMSELVES:	

**WHAT ARE THE REFLEXIVE PRONOUNS USED WITH REFLEXIVE VERBS?**

Subject	Pronoun	Subject	Pronoun
Yo		Nosotros, Nosotras	
Tú			
Él, Ella, Usted		Ellos, Ellas, Ustedes	

REFLEXIVE PRONOUNS INDICATE \_\_\_\_\_ THE ACTION IS HAPPENING.

**STEPS FOR CONJUGATION OF REFLEXIVE VERBS**

**STEP 1:** REMOVE THE \_\_\_\_\_ (THE \_\_\_\_\_ ENDING)

**STEP 2:** CHANGE THE REFLEXIVE PRONOUN TO MATCH THE SUBJECT & PLACE IT \_\_\_\_\_ THE VERB.

**STEP 3:** CONJUGATE THE VERB NORMALLY (REMOVE THE \_\_\_\_\_, ADD THE NEW \_\_\_\_\_)

\*NOTE: THE CONJUGATIONS OF REFLEXIVE VERBS FOLLOW THE NORMAL CONJUGATION PATTERNS OF \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_ VERBS EXCEPT IF THEY ARE \_\_\_\_\_ VERBS.

**PRACTICE WITH REFLEXIVE CONJUGATION**

LEVANTARSE (TO GET OUT OF BED)

Subject	Verb	Subject	Verb
Yo		Nosotros, Nosotras	
Tú			
Él, Ella, Usted		Ellos, Ellas, Ustedes	

DUCHARSE (TO SHOWER)

Subject	Verb	Subject	Verb
Yo		Nosotros, Nosotras	
Tú			
Él, Ella, Usted		Ellos, Ellas, Ustedes	

ACOSTARSE\* (TO GO TO BED)

Subject	Verb	Subject	Verb
Yo		Nosotros, Nosotras	
Tú			
Él, Ella, Usted		Ellos, Ellas, Ustedes	

DESPERTARSE\* (TO WAKE UP)

Subject	Verb	Subject	Verb
Yo		Nosotros, Nosotras	
Tú			
Él, Ella, Usted		Ellos, Ellas, Ustedes	

GUIDED PRACTICE – CONJUGATION ACTIVITY WITH DICE!

**Direcciones:**

- 1) Each set of partners should have one set of dice.
- 2) One partner should be in charge of rolling the dice to pick the **Subject Pronoun** and the other partner should roll the dice to pick the **Verb**.
- 3) Write down the pronoun or verb that corresponds to the number rolled.
- 4) Conjugate the verb based on the pronoun and write it in the blank.
- 5) Write the English translation of the conjugated verb.

**Subject Pronoun**

**Verb**

1 - Yo

1 - Levantarse

2 - Tú

2 - Ducharse

3 - El/ella/usted

3 - Afeitarse

4 - Nosotros

4 - \*Acostarse (O to UE)

5 - Nosotras

5 - \*Dormirse (O to UE)

6 - Ellos/ellas/ustedes

6 - \*Despertarse (E to IE)

Pronoun	Verb	Conjugation	Translation
<b>Ex. Yo</b>	<b>Acostarse</b>	<b>Yo me acuesto.</b>	<b>I go to bed.</b>
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			

**INDEPENDENT PRACTICE: REFLEXIVE VERB CONJUGATION**

CONJUGATE THE VERBS TO THE RIGHT IN THE BLANK SPACE BELOW BASED ON THE SUBJECT PRONOUN (HINT: SOME OF THE VERBS WILL BE STEM-CHANGERS!).

- 1. YO \_\_\_\_\_ POR LA MANANA. (ACOSTARSE) (O → UE)
- 2. ELLOS \_\_\_\_\_ A LA MEDIANOCHE. (DORMIRSE) (O → UE)
- 3. NOSOTROS \_\_\_\_\_ EN EL BANO. (LAVARSE LA CARA)
- 4. ELLA \_\_\_\_\_ (MAQUILLARSE)
- 5. YO \_\_\_\_\_ A LAS SEIS Y MEDIA DE LA MANANA. (DESPERTARSE) (E → IE)
- 6. NOSOTROS \_\_\_\_\_ A LAS SIETE. (LEVANTARSE)
- 7. ELLOS \_\_\_\_\_ Y \_\_\_\_\_. (AFEITARSE Y DUCHARSE)
- 8. ELLA \_\_\_\_\_ AL SALON DE BELLEZA. (PINTARSE LAS UNAS)
- 9. MARIA Y MIGUEL \_\_\_\_\_ PARA LA ESCUELA. (PREPARARSE)
- 10. TÚ \_\_\_\_\_ TRES VECES AL DIA. (CEPILLARSE LOS DIENTES)
- 11. YO \_\_\_\_\_ CADA VERANO. (CORTARSE EL PELO)
- 12. TU \_\_\_\_\_ EN LA MANANA. (VESTIRSE) (E → I)
- 13. USTEDES \_\_\_\_\_ DESPUES DE DUCHARSE. (SECARSE).
- 14. MARIA Y YO \_\_\_\_\_ ANTES DE LA ESCUELA. (ARREGLARSE EL PELO)
- 15. TÚ \_\_\_\_\_ POR LA NOCHE. (BANARSE)

**PICK ANY FOUR REFLEXIVE VERBS AND CONJUGATE THEM BELOW**  
(MAKING SURE TO INCLUDE THE REFLEXIVE PRONOUN BEFORE THE VERB!)





**HOMEWORK WORKSHEET: REFLEXIVE VERBS & DAILY ROUTINE****Part A. Choose the appropriate reflexive pronoun and write in the blank.**

1. You take a shower. Tú \_\_\_\_\_ duchas.
2. I get out of bed. Yo \_\_\_\_\_ levanto.
3. Maria washes her hair. María \_\_\_\_\_ lava el pelo.
4. You-all wake up. Ustedes \_\_\_\_\_ despiertan.
5. We brush our teeth. Nosotros \_\_\_\_\_ cepillamos los dientes.

**Part B. Translate the following sentences to Spanish using the correct form of the reflexive verb and the reflexive pronoun.**

1. We take a shower. \_\_\_\_\_
2. They brush their teeth. \_\_\_\_\_
3. I wash my face and shave in the morning.  
\_\_\_\_\_
4. She puts on make up and paints her nails.  
\_\_\_\_\_
5. Carlos and Maria wake up and get dressed.  
\_\_\_\_\_
6. We wake up, get out of bed, and get ready for school.  
\_\_\_\_\_

**Part C. Tu Rutina Diaria (Your Daily Routine)**

Write five sentences about your own *morning or night time routine*, using at least **5 vocabulary words**, and making sure to conjugate the reflexive verbs correctly! 😊

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